

THE PINNACLE JANUARY 2025

December Highlights







Marci's Moment

Time is a curiosity. We ask it to hurry up, slow down, and sometimes to stand still. I believe we can all agree that time is precious. I've been at The Paragon for six months and the time has flown by quickly. We have a special community of residents and staff and it's a pleasure to be a part of it. This is not a desk job, it's a people job and every day is different. Mary Oliver's poem, The Summer Day asks, "what makes for a day well lived?" For me, it's a quiet walk at Mahr Park with my dog, laughter with friends, communion at church, or sharing a meal with family and friends. As we move into 2025, take time to make each of your days well lived. Peace.

HAPPY BIRTHDAY

Makayla C.
Cindy B.
Mary M.
Danny B



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Employee Spotlight: Anna Daugherty

Anna, our Dietary Manager, started talking about the Holiday Open House menu in September. She takes great pride in quality and presentation every day. She's happy to share her experience and knowledge with her amazing staff to provide the best meals for our residents.



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Community Partner Highlight: Home Health Agencies

We are grateful for the physical therapists, occupational therapists, and other caregivers who provide assistance to our residents to become stronger, regain balance, and heal better.



Resident Spotlight:



Judy and Gertie first crossed paths at Mortons Gap Second Baptist Church in the 1950s, and their friendship has flourished ever since. When reflecting on their bond, both agreed that it was love that brought them together and keeps them connected. Some of their most cherished memories include sitting side by side in Sunday School and enjoying lunch after church. It was heartwarming to witness their embrace and hear them say "I love you" when Judy relocated here. Gertie expressed perfectly, stating, "You see everything amazing here," and their enduring love and friendship truly is remarkable.

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"Tell me, what is it you plan to do with your one wild and precious life?" Mary Oliver



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